

## **Counsellor Lifeguard**

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A Counsellor Lifeguard is responsible for a group of children (cabin of approx. 8-10) as they participate in camp's daily program, in addition to lifeguarding during swimming and watercraft sessions. They will act as a friend and role model as they supervise and support campers, ensuring that each camper's week at camp is fun, safe, and memorable. Counsellor Lifeguards will also work with the Waterfront Team throughout the summer to ensure the beach is running smoothly and safely.

### **Counselling Responsibilities:**

1. Work cooperatively with a partner (co-counsellor), to ensure all campers are safe, maintaining adequate health and hygiene, arriving at scheduled activities on time, obeying camp rules, and participating fully in the camp program.
2. Prepare and conduct daily FLASH. (Faith Learning And Sharing) sessions.
3. Prepare and conduct activities for campers during open times not given over to specialized programming. ("Agora", "CHALOF", Cabin Optional, Morning Activities)
4. Ensure that at least one staff person is always with campers.
5. Supervise campers in preparation for, and during participation in on-site trip. Counsellors will be responsible to take active leadership in hiking, site set up, evening activities, campfire & bedtime on these trips.
6. Participate fully in the daily schedule, special day activities, and camp wide programs.
7. Support all campers to the best of your ability, showing compassion, understanding and modeling positive behavior.
8. Seek help with disciplinary, emotional or other difficulties from your co-counsellor, the cabin's Program Staff member, the Head Counsellor, the Assistant Director and the Camp Directors.
9. Review camper information forms that are made available to you and return them to the office by Tuesday each week.
10. Ensure that all medications, personal and camper, are kept with the nurse, and that campers who need regular medication are taken to the nurse at the appropriate time(s).
11. Attend all staff meetings and daily staff FLASH.
12. Fill out co-counsellor evaluation forms as required by the Camp Director at the end of each week.
13. Take care in maintaining the Camp Kintail site. This includes being responsible for the cleanliness and maintenance of your weekly accommodations.
14. Be an active participant in a travelling day camp team as required.
15. Within reasonable limits, perform other duties as assigned by the Assistant Director and/or Camp Director including maintenance, kitchen, office, and special program projects.

### **Lifeguarding Responsibilities:**

1. Ensure that all required safety equipment is available and accessible on the waterfront.
2. Assist staff members in supervision of campers during watercraft sessions by providing them with clear instructions and expectations.
3. Ensure the utmost safety during all times on the water. This includes the use of appropriate safety equipment for yourself and others.

4. Understand the special safety concerns involved with the waterfront and how to respond in the case of an emergency.
5. Ensure the proper storage and use of boats.
6. Monitor all camper and staff behaviour on the waterfront to ensure a safe swimming and boating environment.
7. Participate in testing the swimming ability of all campers the first day of each week.
8. Help lead at least one week of travelling day camp as required.
9. Always arrive on time for guarding shifts.
10. Communicate clearly with co-counsellor when leaving for guarding sessions, and return to cabin group immediately following sessions.

**Qualifications:**

1. Valid NLS pool certification as a minimum (National Lifeguard Service).
2. Standard First Aid with CPR "C".
3. Instructor's certification or valid NLS Waterfront a bonus.
4. Lifeguarding experience outside of a camp setting.
5. Experience in canoeing and kayaking is preferred.
6. Experience working with children.
7. A willingness to work in a team environment.
8. A personal living faith.